

**Knowledge Organiser PSHE including RSE**  
**Year 1 Autumn Term—Relationships— Families and Relationships**

**Families and friendships**

Roles of different people; families; feeling cared for

PoS Refs: R1, R2, R3, R4, R5



**Wonder**

Enjoyment  
 Love of Language

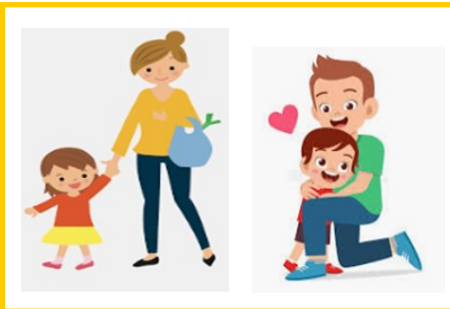
**Belonging**

Empathy  
 Courage  
 Kindness

**Previous learning**

FS Know we belong to a family.

Know who is in our immediate family.



**Key information**

*Families can be different. You might have just a mum or a dad or two mums and two dads. We all belong to a family.*

*People who care for me might be my parents, grandparents, siblings, other relatives, teacher.*

**Key Vocabulary**

parent	Your mum or your dad.
sibling	A brother or a sister.
relative	A person in your family.
grandparent	The mum and dad of your mum and dad.
friend	A person that you like and trust.

**Useful links**

<https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate->



**Knowledge Organiser PSHE including RSE**  
**Year 1 Autumn Term —Relationships—Safe Relationships**

Recognising privacy; staying safe; seeking permission

PoS Refs: R10, R13, R15, R16, R17

**Previous learning**

Recognise some of our feelings i.e happy and sad.

Hugging can make us feel happy.



**Key information**

Some things are private

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help



Punching can make us feel hurt on the outside and inside.



- Wonder
- Enjoyment
- Love of Language
- Belonging**
- Empathy**
- Courage**
- Kindness**

**Key Vocabulary**

<b>private</b>	Something that you want to keep to yourself.
<b>appropriate touch</b>	A safe touch such as hugging, patting on the back.
<b>Inappropriate touch</b>	If someone touches you in a place where you don't want them to or in a private place.
<b>feelings</b>	How your body is feeling i.e happy, scared.

It is important to ask for permission to touch someone else.



**Useful links**

<https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate-relationships>

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>



# Knowledge Organiser PSHE including RSE

## Year 1 Autumn Term —Relationships—Respecting Ourselves and Others

### Respecting ourselves and others

How behaviour affects others; being polite and respectful

PoS Refs: R21, R22

### Previous learning

Following class rules.  
Taking turns and sharing.



**Be Kind**

### Key information

*If you are kind to others it can make them feel happy.*

*If you are unkind to someone it can make them feel sad or even angry.*

*We need to respect ourselves and others.*

*At school we have rules to follow so we can work happily together.*

*We need to learn to share with each other and take turns.*

### Useful links

<https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health-directorate-relationships>

## How do we feel?



Wonder  
Enjoyment  
Love of Language  
**Belonging**  
**Empathy**  
Courage  
Kindness

### Key Vocabulary

<b>behaviour</b>	How someone acts.
<b>fair</b>	Not favouring someone over someone else.
<b>unfair</b>	When something isn't equal.
<b>feelings</b>	How your body is feeling i.e happy, scared.
<b>kind</b>	Being nice to someone.
<b>unkind</b>	Not being nice to someone.

### Being unkind

