

Health and Wellbeing—

- Know the things we are good at and the things we need to improve at.
- Know my body has changed since I was a baby.
- Know the names of body parts.

PoS Refs: H20, H25, H26, H27

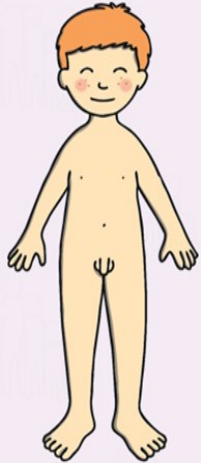
We need to set goals and know what we are good at, what we enjoy and how we can improve.



- Wonder**
- Enjoyment
 - Love of Language
- Belonging**
- Empathy
- Courage**
- Kindness

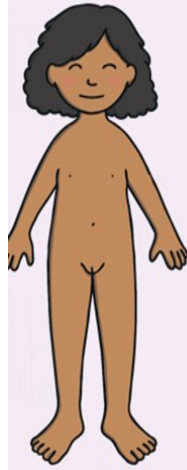
Key information

Boys' Bodies



- Boys have a body part called a **penis**.
- People have other names they use for this part of the body, but the scientific word is penis.
- Behind the penis are the **testicles**.
- These body parts are only on males – that's boys and men.

Girls' Bodies



- Females – that's girls and women – don't have a penis or testicles.
- Girls have a **vulva** on the outside and a **vagina**, which is inside.
- People have other names for these too, but vulva and vagina are the scientific words.

Key Vocabulary

goals	Something you are trying to do or achieve.
young	When you are little or at the beginning of your life.
old	When you are grown up and near the end of your life.
genitals	The male and female private parts.
penis	Male private part.
testicles	Male private part.
vagina	Female private part.
vulva	Female private part.

Useful links

<https://www.pshe-association.org.uk/curriculum-and-resources/resources/medway-public-health>

We may feel excited, nervous, anxious when we move into a new class.

Previous learning

Name parts of the body in Science.