

# The Welbeck Federation of Schools

## PSHE including RSE



The new Ofsted Framework for Primary Schools (Sept 2019) has set an exciting challenge for us; we have been able to design and shape the curriculum to meet the particular needs of the pupils in the Welbeck Federation of Schools in Meden Vale, Nottinghamshire.

### **CURRICULUM INTENT:**

At Netherfield Infant School and Eastlands Junior School we are very clear that our curriculum is underpinned by secure self-evaluation and inspires and motivates our children.

Our three key drivers are:

- To promote independence and resilience in learning
- To broaden and extend our children's understanding of the wider world
- To develop the communication skills of our children

These three aspects are at the heart of our curriculum and as the Progression document and long-term plans show, they help us to focus on the disciplinary and substantive knowledge, as well as covering the full content as outlined in the National Curriculum.

Through PSHE we aim to provide the basic tools that enable children to reach their academic potential across all other subjects and therefore it must be present within all aspects of school life. The combined development of the children's knowledge, understanding and attitude towards the topics discussed will enhance their aspirations for the future and their tolerance and acceptance of the world around them while embedding the fundamental British Values of democracy, the rule of law, individual liberty, mutual respect, and tolerance of different faiths and beliefs.

### Policy context and rationale

This policy covers our school's approach to the teaching and learning of PSHE. It was produced by the subject leader in conjunction with the staff and using the guidance from the PSHE Association.

We follow the Department for Education (DfE) guidance for teaching RSE, ensuring that the following statutory content is covered:

- Relationships education is compulsory in all primary schools.
- Health education is statutory as part of PSHE.
- While sex education is not mandatory at the primary level, parents will be informed about its delivery and can choose to withdraw their children if necessary.

The Department for Education (DfE) recognised PSHE education’s importance to safeguarding when introducing statutory RSHE in 2020, providing the rationale that: ‘Given the increasing concerns around child sexual abuse and exploitation and the growing risks associated with growing up in a digital world, there is a particularly compelling case to act in relation to pupil safety’ PSHE education (including RSHE) must be treated as a discrete school curriculum subject and taught regularly in order to sequence learning and build knowledge and understanding as pupils progress through education.

It has been shared with and approved by the Governors

**Policy availability**

Parents and carers are able to view the policy on the school website.

A paper copy is available in school.

If a copy is required in any other format ,then please contact the school office.

**Intent**

The PSHE programme at The Welbeck Federation aims to support its pupils through a time of rapid change and unpredictable opportunities and challenges.

The EYFS framework is structured very differently to the national curriculum as it is organised across seven areas of learning. The statements from the 2020 Development Matters are prerequisite skills for PSHE within the national curriculum. The most relevant statements for PSHE are taken from the following areas of learning:

- **Communication and Language**
- **Personal, Social and Emotional Development**
- **Physical Development**
- **Understanding the World**

For KS1 and KS2 there are three core themes/ pillars running through the programme. These are:

- Relationships**
- Living in the Wider World**
- Health and Wellbeing**

Each pillar has three different subthemes and are taught through a key question. (See long term plan)

Relationships	Families and Friendship Safe Relationships Respecting Ourselves and Others
Living in the Wider World	Belonging to a Community Media Literacy and Digital Resilience Money and Work
Health and Wellbeing	Physical Health and Mental Wellbeing Keeping Safe

### **Creating a safe and supportive learning environment**

We will create a safe and supportive learning environment by ensuring that all pupils feel safe and secure when learning. Pupils know that if they feel vulnerable, the school will listen to them and support them. As PSHE works with in the real life experiences of the children, it is essential to establish a safe learning environment. Clear 'ground rules' are important as is the need for confidentiality. (See Learning and Teaching section) This needs to be understood by staff and pupils alike.

This policy is informed by the school's Safeguarding policy.

### **Entitlement and equality of opportunity**

As with all teaching at The Welbeck Federation, PSHE is taught in a variety of ways and styles. These are always closely matched to the needs of the learners as we recognise the right for all pupils to have access to PSHE education learning which meets their needs.

### **Implementation**

At the Welbeck Federation we have used the PSHE Association's Programme of Study as the basis of plans. This ensures that skills and concepts are age appropriate and develop year on year throughout both schools.

Each half term is based upon one or more of the three core themes. Each theme is repeated throughout the school year. This spiral programme is effective as it ensures pupils revisit themes within each year and throughout the years. At each encounter the level of demand increases, and learning is progressively deepened.

This grouping of themes enables the planning of whole school theme weeks to provide opportunities for a range of teaching styles, visitors and a greater emphasis on PSHE, raising its profile within the school and community.

Each class will review the PSHE/ RSE lesson ground rules at the beginning of each year and refer to them throughout the year.

- We join in and ask questions if we want to
- We make sure that everybody feels listened to
- We make sure everybody feels ok – we don't put people down
- We use the correct vocabulary when possible, if we are unsure we ask the teacher
- We keep the conversation in the room
- We know we can ask for further help or advice if we want to

Due to the nature of PSHE education, pupils' learning may result in them seeking advice or support on a specific personal issue. Teachers cannot offer complete confidentiality; it is important for everyone's safety that teachers and pupils are clear about what can and cannot be kept confidential. It is also very important

for external contributors, including school nurses, to be clear about these rules and that whilst working in the classroom, they are bound by the school's confidentiality policy, not their own.

Children will have the opportunity to ask questions anonymously by writing them down and posting them into the worry box in their classroom.

Staff should be aware it may not be possible to respond appropriately to every question asked straight away. If a staff member needs time to consider the answer to a question, they should explain to the child that they need to consider the answer. For example: 'That is a really interesting question, and I need time to think because I want to give you a proper answer.'

### **Impact -**

We will assess pupils' learning in PSHE through observation of their discussion contributions and through their written work. Not every lesson will have a written outcome, therefore teachers will make notes on their Medium Term plans, which will aid their assessments of learning. Children will have the opportunity to answer the 'Big Question' based on the substantive component knowledge for each lesson.

Pupils learning and progression will be evidenced by the subject leader by the undertaking of observations, work and planning scrutiny and pupil interviews.

### **Involving parents and carers.**

We are committed to working with parents and carers as PSHE is at its strongest when there is communication and collaboration between school and home. Theme weeks and events will give parents and carers the opportunity to become involved in PSHE learning at The Welbeck Federation.

Policy Updated by J. Turner, PSHE Co-ordinator September 2024

This policy will be reviewed in September 2025