



The Welbeck Federation of Schools



PSHE – Learning Progression

Key Area	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
Relationships	<p>Know we belong to a family.</p> <p>Know who is in my immediate family.</p> <p>Know some feelings i.e. happy/ sad.</p>	<p>Know the people who care for me.</p> <p>Know that families can be different i.e step parent etc.</p> <p>Know what makes us feel happy and what makes us feel unhappy.</p> <p>Know that our bodies belong to us and some parts are private.</p> <p>Know that there is good behaviour and bad behaviour.</p> <p>Know that we need to be kind to others.</p>	<p>Know the people who are important to me.</p> <p>Know what makes a good friend.</p> <p>Know who to ask if we need help.</p> <p>Know that be bullied makes us feel sad.</p> <p>Know which adults we can trust.</p> <p>Know we must not keep secrets.</p>	<p>Know the impact of hurtful behaviour.</p> <p>Know what privacy and personal boundaries are.</p> <p>Know how to keep safe online i.e passwords etc.</p> <p>Know how to treat people kindly and use good manners.</p> <p>Know what respect is and that everyone deserves to be treated in this way including different cultures.</p>	<p>Know the difference between hurtful behaviours and playful behaviour.</p> <p>Know when we should not keep secrets.</p> <p>Know we all have our own ideas and opinions.</p> <p>Know to respect people’s similarities and differences.</p>	<p>Know what makes a healthy friendship.</p> <p>Know about peer influence.</p> <p>Know how to solve conflicts.</p> <p>Know how to recognise if a friendship makes us feel unsafe.</p> <p>Know how to identify when physical touch is acceptable.</p> <p>Know how to respond to unwanted physical touch.</p> <p>Know everyone should be treated equally.</p> <p>Know there are different types of discrimination.</p> <p>Know how to identify online</p>	<p>Know how to compare a healthy and unhealthy relationship.</p> <p>Know what peer pressure can cause.</p> <p>Know how to get advice about personal safety.</p> <p>Know that people do not always get along.</p> <p>Know what discrimination is.</p> <p>Know when to involve an adult.</p>

						bullying and discrimination.	
Living in the wider world	<p>Know right from wrong. Know we can use a computer.</p> <p>Know some jobs i.e policeman, nurse, teacher, shopkeeper.</p>	<p>Know we must follow rules.</p> <p>Know some people have different needs.</p> <p>Know the importance of looking after where we live and recycling.</p> <p>Know there are lots of different kinds of jobs.</p>	<p>Know there are different ways of spending money.</p> <p>Know how we can earn money.</p> <p>Know how we can save money.</p>	<p>Know the different types of jobs in different sectors.</p> <p>Know about challenging stereotypes.</p> <p>Know how achievements can inform future jobs and careers.</p>	<p>Know how communities can help each other.</p> <p>Know different types of communities i.e home/school.</p> <p>Know about different spending habits and what influences our spending decisions.</p> <p>Know how spending can have a positive and negative effect on others.</p>	<p>Know how to treat our community with respect. Know that ambition plays a part in our future career.</p> <p>Know about the importance of diversity and inclusion.</p>	<p>Know how to be a positive role model.</p> <p>Know how to discuss ideas respectfully.</p>
Health and wellbeing	<p>Know the importance of eating the right kinds of food.</p> <p>Know how to manage own basic hygiene i.e dressing, going to the toilet, brushing teeth.</p> <p>Know one thing I am good at.</p> <p>Know when we are feeling sad.</p>	<p>Know healthy food is good for me and know what these foods are.</p> <p>Know the importance of personal hygiene. Know that there are people who can help us stay healthy.</p> <p>Know the things I am good at.</p> <p>Know how we are feeling and who to</p>	<p>Know the things we are good at and the things we need to improve at.</p> <p>Know my body has changed since I was a baby.</p> <p>Know the names of body parts.</p>	<p>Know that everyone has valuable contributions to make.</p> <p>Know everyone has strengths and interests.</p> <p>Know self-confidence is how secure you feel.</p> <p>Know a hazard is a danger.</p> <p>Know how to manage risks in everyday life.</p>	<p>Know our bodies belong to us.</p> <p>Know boys and girls have different genitalia and reproductive organs.</p> <p>Know what a legal drug is.</p> <p>Know that drugs can damage our health. Know that cleaning products can cause harm.</p>	<p>. Know that we have our own identity. Know it is important to respect people.</p> <p>Know to accept differences and celebrate individuality.</p>	<p>Know that getting enough sleep and eating healthy are good for our mental health and exercise releases feel good chemicals.</p> <p>Know that thinking positive can make us happier and confident.</p> <p>Know what happens to our bodies when we go through puberty.</p>

	Know we have rules to keep us safe.	tell if we are feeling sad.		Know who to ask for help in an emergency.			Know that bodies come in all shapes and sizes and know what body image is. Know about reproduction and the human lifecycle.
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