

# Knowledge Organiser

# PSHE including RSE

Year 6 Autumn

Relationships - Keeping Safe



- How to protect personal information online and to identify potential risks of it being misused.
- Identify types of images that are appropriate to share with others and those which are not.
- Images or text can be quickly shared with others, even when only sent to one person. Photos, videos and comments we post on social media are impossible to completely delete.
- Have **courage** to report the misuse of personal information or sharing of upsetting content/ images online. 999 is the emergency number to call in the UK.
- The different age rating systems for social media, T.V, films, games and online gaming.
- You have to be 13 to have a Facebook, Twitter, Instagram or Snapchat account and 16 to have a Whatsapp account.

## Vocabulary

misuse	Use in the wrong way or for the wrong purpose.
personal information	Your name, signature, address, phone number, date of birth.
restrictions	Something (as a law or rule) that limits.
drugs	A medicine or other substance which has an effect on the body.
illegal	Forbidden by law.



**NHS**  
choices  
[www.nhs.uk](http://www.nhs.uk)



- About the risks and effects of different drugs.
- Smoking cigarettes damages the lungs.
- About the laws relating to drugs common to everyday life and illegal drugs. It is illegal to smoke cigarettes under the age of 18 in the UK. In the UK you have to be 18 to buy alcohol.
- A drug is any substance that has an effect on your body when it enters your system.
- Illegal drugs are also called recreational drugs.
- People who sell drugs are known as 'drug dealers' and they are criminals.
- About the organisations where people can get help and support concerning drug use.
- How to ask for help if they have concerns about drug use about mixed messages in the media relating to drug use and how they might influence opinions and decisions.